

- QQI Level 5 Speech & Language Therapy
- Life Drawing
- Sound Bath Meditation
- QQI Level 5 Care Skills
- Abstract Art
- Genealogy
- Coding for Beginners
- QQI Level 5 Care of the Older Person

NIGHT CLASS CALENDAR AUTUMN 2026

15th September In Person Enrolment		2 nd / 4 th November	Week 6 (Hobby Week 4)
21 st / 23 rd September*	Week 1	9 th / 11 th November	Week 7 (Hobby Week 5)
28 th / 30 th September	Week 2	16 th / 18 th November	Week 8 (Hobby Week 6)
5 th / 7 th October**	Week 3 (Hobby Week 1)	23 rd / 25 th November	Week 9 (Hobby Week 7)
12 th / 14 th October	Week 4 (Hobby Week 2)	30 th November / 2 nd December	Week 10 (Hobby Week 8)
19 th / 21 st October	Week 5 (Hobby Week 3)	7 th / 9 th December	Extra Week (if needed)
Midterm Break (no classes) 26 th –30 th October			

Week beginning 5th October 2026 unless otherwise stated.

Email **ofnight@lmetb.ie** with suggestions you would like to see included.

www.of.ie/nightclasses

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Evening Class Programme | Autumn 2026

20% OFF

**FOR SOCIAL WELFARE
RECIPIENTS**

Courses

- Professionally Certified (QQI)
- Hobby
- Skills to Advance

In Person Enrolment

Tuesday 15th September
7.00pm – 8.30pm

Courses start

QQI and all 10-week courses
Week beginning
21st September 2026

All other hobby courses
Week beginning 5th October 2026
unless otherwise stated



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Apply Online



lmetb
Bord Oideachais agus
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Louth and Meath Education
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QQI CERTIFIED COURSES

(Starting week beginning 21st September 2026.)

LEVEL 5 COURSES					
CODE	TITLE	WEEKS	DAY	FEE	TIME PM
AOF01	Anatomy and Physiology (QQI Level 5) NEW	10	Mon	€290	6.00 – 9.30
AOF02	Nursing Theory and Practice (QQI Level 5) NEW	10	Wed	€290	6.00 – 9.30
AOF03	Psychology (QQI Level 5)	10	Wed	€290	6.00 – 9.30
SPECIAL NEEDS ASSISTING (QQI LEVEL 5 and LEVEL 6)					
AOF04	Special Needs Assisting (Mon) (QQI Level 5) <i>Participants must find 30hours relevant work experience to complete this module</i>	10	Mon	€290	6.00 – 9.30
AOF05	Special Needs Assisting (Wed) (QQI Level 5) <i>Participants must find 30hours relevant work experience to complete this module</i>	10	Wed	€290	6.00 – 9.30
AOF06	Special Needs Assisting (Mon) (QQI Level 6) <i>Participants must find 30hours relevant work experience to complete this module. (Prior completion of SNA Level 5 and/or industry experience desirable)</i>	10	Mon	€335	6.00 – 9.30
AOF07	Special Needs Assisting (Wed) (QQI Level 6) <i>Participants must find 30hours relevant work experience to complete this module (Prior completion of SNA Level 5 and/or industry experience desirable)</i>	10	Wed	€335	6.00 – 9.30



HOBBY COURSES

(Starting week beginning 5th October unless otherwise stated.)

CODE	TITLE	WEEKS	DAY	FEE	TIME PM
AOF08	Art, Drawing & Painting <i>Traditional art class taught by a local artist.</i>	8	Wed	€112	6.30 – 8.30
AOF09	Baking Wednesdays with Chef Karl	8	Wed	€112	7.00 – 9.00
AOF10	Basic Small Engine Maintenance <i>This is a 3 week course starting 23rd November 2026</i>	3	Wed	€42	7.00 – 9.00
AOF11	Beginners Conversational Spanish	8	Wed	€112	7.00 – 9.00
AOF12	Computers for Beginners and Improvers	8	Mon	€112	7.00 – 9.00
AOF13	Counseling & Psychotherapy – An Introduction	8	Mon	€112	7.00 – 9.00
AOF14	Conversational Irish	5	Wed	€70	7.00 – 9.00
AOF15	Dancing for Fitness <i>This fun, full-body workout uses dance as an exciting way to get fit, burn calories, and challenge both body and mind</i>	6	Wed	€50	6.00 – 7.00
AOF16	Digital Photography	5	Mon	€70	7.00 – 9.00
AOF17	DIY for Beginners	5	Wed	€70	7.00 – 9.00
AOF18	Flower Arranging with Veronica <i>(Starting 23rd September)</i>	10	Wed	€150	7.00 – 9.00
AOF19	Floor and Wall Tiling	8	Mon	€112	7.00 – 9.00
AOF20	Hairdressing for Beginners	5	Mon	€70	7.00 – 9.00
AOF21	Interior Design for Beginners	8	Mon	€112	7.00 – 9.00
AOF22	Jewellery Making	5	Mon	€70	7.00 – 9.00
AOF23	Knitting for Beginners	8	Wed	€112	7.00 – 9.00
AOF24	Make up and Self Care Beauty	5	Mon	€70	7.00 – 9.00
AOF25	Pickleball for Beginners in conjunction with Oriel Pickleball Club, Dundalk NEW	6	Mon	€50	7.00 – 9.00
AOF26	Qigong for Everyday Life NEW <i>Cultivating vitality for Life</i>	5	Wed	€35	7.00 – 8.00
AOF27	Reflexology	8	Mon	€112	7.00 – 9.00
AOF28	Sports Anatomy and Physiology	8	Wed	€112	7.00 – 9.00
AOF29	Stained Glasswork Advanced <i>(Starting Monday 21st September.) (Materials will be extra, approx. €100.)</i>	10	Mon	€140	7.00 – 9.00
AOF30	Stained Glasswork Beginners and Intermediate <i>(Starting Wednesday 23rd September.) (Materials will be extra, approx. €100.)</i>	10	Wed	€140	7.00 – 9.00
AOF31	Tai Chi	5	Wed	€35	7.00 – 8.00
AOF32	Upcycling Furniture <i>Bring along an item you would like to upcycle</i>	5	Wed	€70	7.00 – 9.00
AOF33	Woodworking for Beginners	8	Mon	€120	7.00 – 9.00
AOF34	Yoga and Breathwork for Beginners <i>A slow-paced yoga class for absolute beginners. Own mat required.</i>	8	Mon	€60	7.00 – 8.15



SKILLS TO ADVANCE (EXPRESSIONS OF INTEREST)

(Open to Eligible Employed persons only.)

CODE	TITLE
STA 2026 OFI	QQI Level 5 Retail Floristry
STA 2026 OFI	QQI Level 5 Business Administration
STA 2026 OFI	QQI Level 5 Digital Marketing
STA 2026 OFI	QQI Level 5 Spreadsheets
STA 2026 OFI	QQI Level 5 Care of the Older Person
STA 2026 OFI	QQI Level 5 Spreadsheets
STA 2026 OFI	QQI level 5 Pastry Skills
STA 2026 OFI	QQI Level 5 Enhancing Productivity with AI
STA 2026 OFI	Beauty Therapy Level 5 - ITEC Eye Treatments
STA 2026 OFI	Beauty Therapy Level 5 - ITEC Waxing
STA 2026 OFI	Beauty Therapy Level 5 - ITEC Manicure/Pedicure
STA 2026 OFI	Beauty Therapy Level 5 - ITEC Swedish Massage
STA 2026 OFI	ILM - Leadership and Management - Understanding Costs and Budgets
STA 2026 OFI	ILM - Leadership and Management - How to lead effective meetings
STA 2026 OFI	ILM - Leadership and Management -Understanding Leadership
STA 2026 OFI	ILM - Leadership and Management -Understanding Stress Management
STA 2026 OFI	ILM - Leadership and Management -Understanding Conflict Management
Contact Ann Gallagher T: 086 7870854 E: skillstoadvance@lmetb.ie W: www.fetchcourses.ie	



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For online booking & course details visit: www.ofi.ie/nightclasses