

# QQI CERTIFIED COURSES

## UPSKILLING /PROFESSIONAL COURSES (QQI LEVEL 5)

CODE	TITLE	WEEKS	DAY	FEE	TIME PM
SOF01	Care Skills (QQI Level 5)	10	Mon	€290	6.00 – 9.30
SOF02	Care of the Older Person (QQI Level 5)	10	Wed	€290	6.00 – 9.30
SOF03	Maternity Care Support (QQI Level 5) <b>NEW</b>	10	Wed	€290	6.00 – 9.30
SPF04	Psychology (QQI Level 5)	10	Wed	€290	6.00 – 9.30
SOF05	Retail Floristry (QQI Level 5) <i>Cost of flowers extra (approx. €20 per week). Email <a href="mailto:ofnight@lmetb.ie">ofnight@lmetb.ie</a> if you are interested in this course.</i>	10	Mon	€290	6.00 – 9.30

## SPECIAL NEEDS ASSISTING (QQI LEVEL 5 and LEVEL 6)

SOF06	<b>Special Needs Assisting (Mon) (QQI Level 5)</b> <i>Participants must find relevant work experience to complete this module.</i>	10	Mon	€290	6.00 – 9.30
SOF07	<b>Special Needs Assisting (Wed) (QQI Level 5)</b> <i>Participants must find relevant work experience to complete this module.</i>	10	Wed	€290	6.00 – 9.30
SOF08	<b>Special Needs Assisting (Mon) (QQI Level 6)</b> <i>Participants must find relevant work experience to complete this module. (Prior completion of SNA Level 5 and/or industry experience desirable.)</i>	10	Mon	€335	6.00 – 9.30
SOF09	<b>Special Needs Assisting (Wed) (QQI Level 6)</b> <i>Participants must find relevant work experience to complete this module. (Prior completion of SNA Level 5 and/or industry experience desirable.)</i>	10	Wed	€335	6.00 – 9.30

## NIGHT CLASS CALENDAR SPRING 2025

January	February	March	April
Mon	Mon 3 Bank Holiday	Mon 3 Week 6	Mon
Tue	Tue 4 Week 3****	Tue 4	Tue 1
Wed 1	Wed 5	Wed 5	Wed 2
Thu 2	Thu 6	Thu 6	Thu 3
Fri 3	Fri 7	Fri 7	Fri 4
Mon 6 School reopens	Mon 10 Week 4	Mon 10 Week 7	Mon 7 Extra Week
Tue 7	Tue 11	Tue 11	Tue 8
Wed 8	Wed 12	Wed 12	Wed 9
Thu 9	Thu 13	Thu 13	Thu 10
Fri 10	Fri 14	Fri 14	Fri 11
Mon 13	Mon 17 Midterm (no classes)	Mon 17 St. Patrick's Day	Mon 14 Easter Holidays (no classes)
Tue 14 Enrolment Evening	Tue 18 Midterm (no classes)	Tue 18 Week 8****	Tue 15 Easter Holidays (no classes)
Wed 15	Wed 19 Midterm (no classes)	Wed 19	Wed 16 Easter Holidays (no classes)
Thu 16	Thu 20 Midterm (no classes)	Thu 20	Thu 17 Easter Holidays (no classes)
Fri 17	Fri 21 Midterm (no classes)	Fri 21	Fri 18 Easter Holidays (no classes)
Mon 20 Week 1	Mon 24 Week 5	Mon 24 Week 9	Mon 21 Easter Holidays (no classes)
Tue 21	Tue 25	Tue 25	Tue 22 Easter Holidays (no classes)
Wed 22	Wed 26	Wed 26	Wed 23 Easter Holidays (no classes)
Thu 23	Thu 27	Thu 27	Thu 24 Easter Holidays (no classes)
Fri 24	Fri 28	Fri 28	Fri 25 Easter Holidays (no classes)
Mon 27 Week 2		Mon 31 Week 10	Mon 28
Tue 28			Tue 29
Wed 29			Wed 30
Thu 30			
Fri 31			

\*\*\*\* Week 3 and Week 8 Monday classes will be on Tuesday instead of Bank Holiday Monday



For online booking & course details visit: [www.ofi.ie/nightclasses](http://www.ofi.ie/nightclasses)

## OFI NIGHT CLASSES

DUBLIN ROAD, DUNDALK, A91 WK75

**20% OFF**

FOR SOCIAL WELFARE RECIPIENTS

## Evening Class Programme Spring 2025

@ofnightdundalk

[www.ofi.ie/nightclasses](http://www.ofi.ie/nightclasses)

Email: [ofnight@lmetb.ie](mailto:ofnight@lmetb.ie)

Apply Online

### Courses

- Professionally Certified (QQI)
- Hobby
- IT

### Enrolment Evening

Tuesday 14th January 2025 7-9pm

### Courses start

Week beginning  
Monday 20th January 2025



**lmetb**  
Bord Oideachais agus Oiliúna Lú agus na Mí  
Louth and Meath Education and Training Board



# HOBBY COURSES

CODE	TITLE	WEEKS	DAY	FEE	TIME PM
SOF10	<b>Agrotourism and Organic Farming – An Introduction</b> <i>Improve your farm's agricultural production and product capabilities with this class led by a tutor with a masters in Organic farming and agrotourism.</i>	5	Mon	€70	7.00 – 9.00
SOF11	<b>Art, Drawing &amp; Painting</b>	8	Wed	€112	6.30 – 8.30
SOF12	<b>Baking Wednesdays with Chef Karl</b>	8	Wed	€112	7.00 – 9.00
SOF13	<b>Basic Small Engine Maintenance</b>	5	Mon	€70	7.00 – 9.00
SOF14	<b>Basic Nutrition NEW</b>	5	Wed	€70	7.00 – 9.00
SOF15	<b>Beginners Conversational Spanish</b>	8	Mon	€112	7.00 – 9.00
SOF16	<b>Computers for Beginners and Improvers</b>	8	Wed	€112	7.00 – 9.00
SOF17	<b>Counseling &amp; Psychotherapy – An Introduction</b>	8	Mon	€112	7.00 – 9.00
SOF18	<b>DIY for Beginners</b>	5	Wed	€70	7.00 – 9.00
SOF19	<b>Flowers by Veronica</b>	10	Wed	€150	7.00 – 9.00
SOF20	<b>Genealogy NEW</b>	8	Mon	€112	7.00 – 9.00
SOF21	<b>Hand painted Kitchens/Furniture (Materials included) NEW</b>	8	Wed	€122	7.00 – 9.00
SOF22	<b>HIIT Fitness NEW</b>	5	Wed	€40	7.00 – 8.00
SOF23	<b>Indian Cookery for Beginners with Chef Karl NEW</b>	5	Mon	€70	7.00 – 9.00
SOF24	<b>Interior Design for Beginners</b>	8	Mon	€112	7.00 – 9.00
SOF25	<b>Knitting for Beginners</b>	5	Wed	€70	7.00 – 9.00
SOF26	<b>Make up and Self Care Beauty</b>	5	Mon	€70	7.00 – 9.00
SOF27	<b>Reflexology</b>	8	Mon	€112	7.00 – 8.00
SOF28	<b>Stained Glasswork Advanced</b> <i>(Materials will be extra, approx. €100.)</i>	10	Mon	€140	7.00 – 9.00
SOF29	<b>Stained Glasswork Beginners and Intermediate</b> <i>(Materials will be extra, approx. €100.)</i>	10	Wed	€140	7.00 – 9.00
SOF30	<b>Step Aerobics NEW</b>	5	Mon	€40	8.00 – 9.00
SOF31	<b>Tai Chi: The Art of Movement</b>	10	Wed	€70	6.00 – 7.00
SOF32	<b>Upcycling Furniture</b> <i>Bring along an item you would like to upcycle.</i>	5	Wed	€70	7.00 – 9.00
SOF33	<b>Weight Loss Programme NEW</b>	5	Mon	€40	6.45 – 7.45
SOF34	<b>Woodworking for Beginners (Materials included)</b>	8	Mon	€130	7.00 – 9.00
SOF35	<b>Yoga - Hatha Vinyasa for Beginners</b> <i>A slow-paced yoga class for absolute beginners. Own mat required.</i>	8	Mon	€112	7.00 – 8.15

Social Welfare Recipients and full-time students 20% Discount available.  
Email [ofnight@lmetb.ie](mailto:ofnight@lmetb.ie) for details.

**ENROLMENT:** Tuesday 14th January 2025 7-9pm  
**START:** Week beginning Monday 20th January 2025

Enrol online at [www.ofi.ie/nightclasses](http://www.ofi.ie/nightclasses)

Email [ofnight@lmetb.ie](mailto:ofnight@lmetb.ie) for first night requirements.

Listing correct at time of printing. Changes may occur.  
Please check on website or at registration.

**Debit/Credit Cards & Cheques Accepted (No Cash Please)**  
For Full Terms & Conditions visit [www.ofi.ie/nightclasses](http://www.ofi.ie/nightclasses)

## NEW COURSES

We are always on the lookout for new ideas for courses.

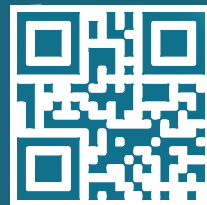
Email [ofnight@lmetb.ie](mailto:ofnight@lmetb.ie) with suggestions you would like to see included.

For online booking & course details visit: [www.ofi.ie/nightclasses](http://www.ofi.ie/nightclasses)



Ó FIAICH INSTITUTE  
OF FET

APPLY NOW!  
[www.ofi.ie](http://www.ofi.ie)



50+ FULL TIME PLC & PRE-UNIVERSITY COURSES

PRE-UNIVERSITY

BUSINESS & COMPUTING

BEAUTY, SPORT & WELL-BEING

ENGINEERING & SCIENCE

CHILDCARE & HEALTHCARE

ART & MEDIA

